

CHRISTMAS NEWSFLASH

DECEMBER 2023



SEASONS GREETINGS FOR A HAPPY AND HEALTHY FESTIVE PERIOD

FROM YOUR NATIONAL "ELF" SERVICE TEAM AT HHP

CHRISTMAS OPENING HOURS:

Our normal opening hours are 8am - 6.30pm

OPEN Normal hours 18th-22nd December 2023

CLOSED Monday 25th December

CLOSED Tuesday 26th December

OPEN Wednesday 27/12/23

OPEN Thursday 28/12/23

OPEN Friday 29/12/23

CLOSED Monday 1st January 2024

Hours return to normal Tuesday 2/1/24. The Pharmacies on both sites are closed on the bank holidays and open as usual on the other days.



HOW TO ACCESS MEDICAL HELP WHEN HHP IS CLOSED-

Visit [When to use NHS 111 online or call 111 - NHS](#)

www.nhs.uk to find out where to go to access help when we are close. Please

NOTE the information in this link about how to get a supply of your normal medication if you accidentally run out.

KNOW WHERE TO GO

Consider the range of services available to you and use the NHS responsibly.

HELP US HELP YOU
STAY WELL THIS WINTER

- Care at Home
- Pharmacy
- GP Surgery
- NHS 111
- UTC's
- A&E/999

BRACKNELL MINOR INJURIES UNIT

Eastern Gate Brants Bridge, Berkshire RG12 9BG

01344 551100 Open 8am-8pm 7 days per week

WOKING WALK IN CENTRE

Woking Community Hospital Heathside Road, Woking GU22

7HS Open 8am-8pm 7 days per week

01483 846209

SLOUGH WALK IN CENTRE

Upton Hospital Albert Street, Slough SL1 2BJ 0300 024 0001



AN IMPORTANT MESSAGE FROM OUR WOMENS HEALTH LEADS DR SHARMA & SISTER GRAINGER RE CERVICAL SCREENING

Please remember that prevention is better than cure. We've noticed that less women are booking in for their cervical smear tests and this is a cause for concern. Women aged 25-60 are eligible for a cervical smear test every 3-5 years to detect the HPV virus or cell changes **BEFORE** cancer develops.

So as you look towards the New Year, please ensure you book in for your smear test when you are due. **To Families**- please encourage the women in your life to look after themselves & get booked in.

[Cervical screening - NHS \(www.nhs.uk\)](http://www.nhs.uk)

If you are from our **LGBTQ+** community and unsure of what screening tests you require, please get in touch & we will assist you.

Here's some resources to help with the menopause...

menopausesupport.co.uk – [Supporting You Through Change](#)

[Menopause & HRT - management information and treatment advice. - Bing video](#)

AND NOT FORGETTING THE CHAPS.....

In 2023, HHP along with Fleet PCN, was involved in the Medefer Prostate Screening Project. We are proud to be part of helping the UK to develop a reliable prostate cancer screening programme in the future.

To date, we have screened 934 pre-identified men who had no symptoms of prostate cancer. Of these, 26 were referred urgently to Urology under the 2 week rule suspected cancer pathway. Of these, 5 have been diagnosed with prostate cancer that would otherwise have gone undiagnosed due to lack of symptoms. We continue to service this project and await further data regarding the success and longevity of this research.

THANK YOU TO OUR COMMUNITY FOR YOUR SUPPORT DURING OUR MERGER & THE CHALLENGES WE FACE IN THE OVER-STRETCHED NHS. WE LOOK FORWARD TO LOOKING AFTER YOU IN 2024.

